



### **NCDAH – BEST PRACTICE PROFORMA**

**Trust Name:** South Tyneside NHS Foundation Trust

**Hospital Name:** South Tyneside District Hospital

**Example of good practice description:** *(Please include, where appropriate, what made you think of the idea? What you did? Who was involved? Details of any education and training undertaken or delivered)*

Since the ENB course diminished we decided that we needed short practical skills courses to prepare nurse and AHPs for the introduction of the LCP using Trust staff saves expensive University costs and time way from the work place. University courses are far too long and staff become frustrated at self directed learning, they need skills passed on from senior nurses in palliative care.

We formed a joint training initiative with a neighbouring trust (Sunderland TPCT) involving the Senior lecturer practitioner and a Macmillan CNS from South Tyneside. This minimises costs and it is run within equidistance of both trusts with ample parking so staff have good access. Most Wards and community staff find 2-5pm is a good time as the wards are covered and a lot of the community find this time slot convenient.

We run four courses per year in the Foundations of palliative care incorporating End of life care and the LCP. (ten weeks 2-5pm each Wednesday and one five day course for nursing homes)

This has made introduction of EOL issues and the LCP much easier for us and we are now in our fifth year having trained about 300 nurses in both trusts to foundation level in palliative care (generalist level)

**Has this example been evaluated? If yes, please explain the method used, and whether it indicated a change in practice**

We evaluate every course by questionnaire and random feedback from both seconding managers. The feed back is excellent they are more confident in palliative care especially in psychological support and communication issues. We use actors as patients for the communication sessions to make it realistic as possible

**Additional Comments:**

We need short courses more and more. The health service is working faster and faster it was a real shame that we abandoned the ENB short courses. But on a positive note I think we should have National Foundation certificated courses in Practical palliative care