

MCPCIL

As part of the University of Liverpool the Marie Curie Palliative care Institute Liverpool (MCPCIL) is an exciting collaboration between the voluntary sector, University and the NHS.

The partnership with the three core organisations;

- The University of Liverpool
- Marie Curie Cancer Care
- The Royal Liverpool and Brodgreen University Hospitals NHS Trust

Coupled with local, national and international collaboration has enabled the Institute to create a solid foundation, upon which to build secure sustainable future activity that makes a global difference in care of the dying from bedside to policy

The MCPCIL Conference—2008

The Institute is currently organising its first national conference, which this year will be held in the Capital of Culture—LIVERPOOL! We will be welcoming our International colleagues, as well as both local and national representatives to the conference.

Date: Thursday 9th October
Venue: BT Convention Centre, Albert Dock, Liverpool
Title: 'Care of the Dying: Meeting the Challenge—
A European Perspective



The National Care of the Dying Audit Hospitals (2)

We are currently undertaking the second round of the National Care of the Dying Audit this year. This will be in collaboration with the Royal College of Physicians, and is supported by the Department of Health and Marie Curie Cancer Care. The first round examined data from 2672 patients from 118 hospitals over a 3 month period whose care in the dying phase was delivered and documented using the Liverpool Care Pathway for the dying patient (LCP). It showed that while standards of symptom control for the individual patient were high, there was a need for improvement in communication (particularly with patients and primary care), the assessment of spiritual need and information sharing both before and after the death of the patient. (Full report available at www.mcpcil.org.uk).

The results of this second round, based on Version 11 of the LCP, will enable the development of LCP Version 12. Further information below:

Registration opens	28th July 2008	(register via http://ncdaudit.rcplondon.ac.uk)
Data Collection period	Oct—Dec 2008	(30 pathways needed per hospital)
Reporting Period	Summer 2009	
Regional workshops	Autumn 2009	

Updates on the audit can be found on the Institute website - www.mcpcil.org.uk

RESEARCH & DEVELOPMENT

BUPA

2008 has seen the start of our 3-year programme in collaboration with BUPA. There are 3 projects in total:

1. Implementing the LCP in 125 Care Homes
2. Looking at whether the LCP can be used for patients with dementia
3. Sustaining education within the care home setting

Further updates are available on the website - www.mcpcil.org.uk



OPCARE9

The Institute is currently involved in a 3-year EU 7th Framework Project. The project's main aim is to optimise research and clinical care for cancer patients in the last days of life, with 7 European partners and 2 worldwide.

In March 2008 we held the first of 7 planned 3-day colloquiums in Chester. The first two days gave the group a chance to share ideas about the project and discuss the seven workpackages in depth. We also had an open meeting where we invited healthcare professionals and members of the public to come and find out more about the project. We look forward to the next colloquium to be held in Stockholm in Sweden towards the end of October 2008.

Further details can be found on our website.

Possible logo for the OPCARE9 Project representing the 9 partner countries



Our International LCP friends!
From Germany, Switzerland,
Sweden, The Netherlands,
Slovenia, and Ruthmarijke Smeding
(the Institute's visiting education fellow)



LCP Update



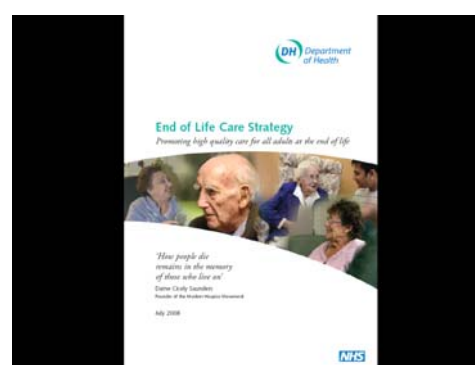
1. Successful **LCP lecturing tour of Australia** carried out by Deborah Murphy (Associate Director MCPCIL / National LCP Lead Nurse) and Maria Bolger (National LCP Facilitator). The LCP now covers 4 main states in Australia – New South Wales, Queensland, Victoria & Western Australia, and colleagues are now working towards a collaborative programme with the Federal Australian Government.
2. We have recently launched our **Guidelines for LCP Drug Prescribing in Advanced Chronic Kidney Disease** – as produced by our National LCP Steering Group. These guidelines have received endorsement / badging from the Department of Health, The British Renal Society and the Renal Association. The guidelines can be printed and ordered from our website – www.mcpcil.org.uk
3. On the 2nd July 2008 we held a meeting of the **National LCP Reference Group** at the Royal College of Physicians, London. Following the second round of our National Care of the Dying Audit – Hospitals (NCDAH) we hope to produce Version 12 of the LCP, and this group will be key to its development. The group discussed some of the key issues that have been raised following the first national audit and various correspondence from health care professionals, patients, carers and patient & carer groups. The four main topics discussed were Hydration, Sedation, Diagnosing Dying & Medication Guidance.
4. The Institute continues to have a high amount of interest from ICU departments across the county to be involved in the LCP Framework. This has allowed to extend the post of LCP ICU Facilitator—Dawn Parsons, into the future. Dawn works at the Royal and within the Palliative Care Department on a Tuesday.

Learning & Teaching @ The Institute

The Learning & Teaching Team provide an extensive range of courses ranging from individual study days to degree level qualifications. The Institute works in collaboration with the University of Liverpool, Edge Hill University and Keele University to provide a wide range of courses across the palliative care spectrum.

Details including dates, prices, etc can be found within the 'Learning & Teaching' section of the Institute website - www.mcpcil.org.uk

The **National End of Life Strategy** was launched in July 2008. Some of the recommendations from the strategy come directly from work done by the Institute including the LCP, National Audit & Rapid Discharge Pathway.



WEBSITE

The Institute website continues to receive over 5500 hits per month, and following the Institute embedding within the University of Liverpool we are currently producing a new look for the website. In the meantime, many of the key documents, especially relating to the LCP have been updated.

www.mcpcil.org.uk

MCPCIL KEY PUBLICATIONS FOR 2008

Douglas C et al (2008) Symptom Control for patients dying with advanced chronic kidney disease. *British Journal of Renal Medicine* **13** (1): 25-27

Mayland CR, Williams EMI, Addington-Hall J & Ellershaw JE (2008) How well do current instruments using bereaved relatives views evaluate care for dying patients? *Palliative Medicine* **22**: 133 - 144

Oxford Pain Management Library: Chronic Pain Edited by Andrew Dickman and Karen Simpson

Chapter: 'Palliative Care in the Intensive care Unit' by J. Harper and L. Chapman in 'Core Topics in Cardiothoracic Critical Care', eds. A. Klein et al. Cambridge University Press (Published 22 February 2008)

Coackley A, Ellershaw JE (2007) The Terminal Phase. *Medicine*, **36**: 105 – 108



Marie Curie Palliative Care Institute Liverpool (MCPCIL) aims to be an international centre of clinical excellence and research that makes a difference to dying patients on a global basis

“Research & Development that influences care of the dying”

“Learning & Teaching that promotes best practice in care of the dying”

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